

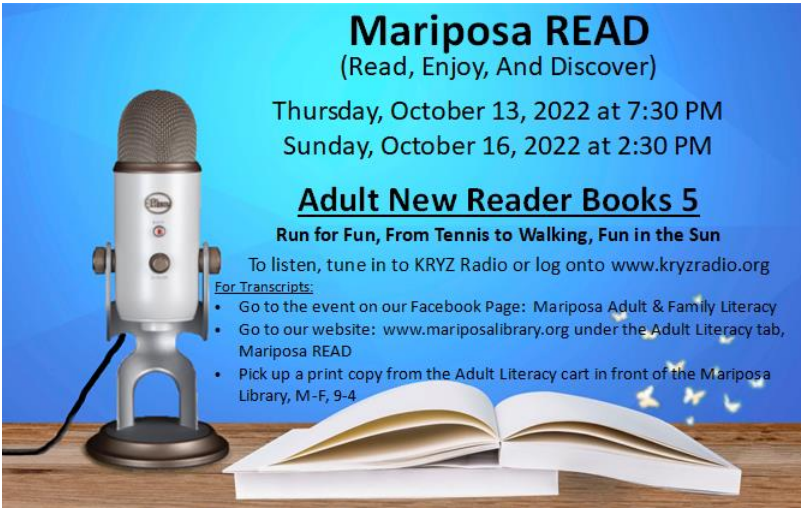
**Mariposa READ**  
(Read, Enjoy, And Discover)

Thursday, October 13, 2022 at 7:30 PM  
Sunday, October 16, 2022 at 2:30 PM

**Adult New Reader Books 5**  
**Run for Fun, From Tennis to Walking, Fun in the Sun**

To listen, tune in to KRYZ Radio or log onto [www.kryzradio.org](http://www.kryzradio.org)  
For Transcripts:

- Go to the event on our Facebook Page: Mariposa Adult & Family Literacy
- Go to our website: [www.mariposalibrary.org](http://www.mariposalibrary.org) under the Adult Literacy tab, Mariposa READ
- Pick up a print copy from the Adult Literacy cart in front of the Mariposa Library, M-F, 9-4




**Adult New Reader Books 5**



**Run for Fun!**

Michelle Williams

This book is part of a collection of Adult New Reader books created by California Library Literacy Services volunteer tutors and staff.

This project is supported in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian.

Partners in this project include Sacramento Public Library, Learning Quest - Stanislaus Literacy Centers and ProLiteracy (Education Network).

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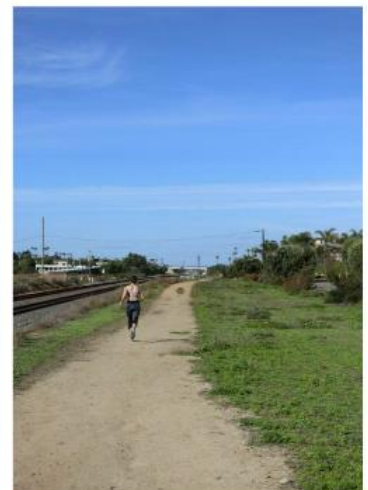
<https://www.mixbook.com/photo-books/interests/run-for-fun-27075829?vk=AXSwTBTuCqcISM83XOLE>



Running is a fun sport for many people.



You can run slowly or quickly. Your run can be short or long.





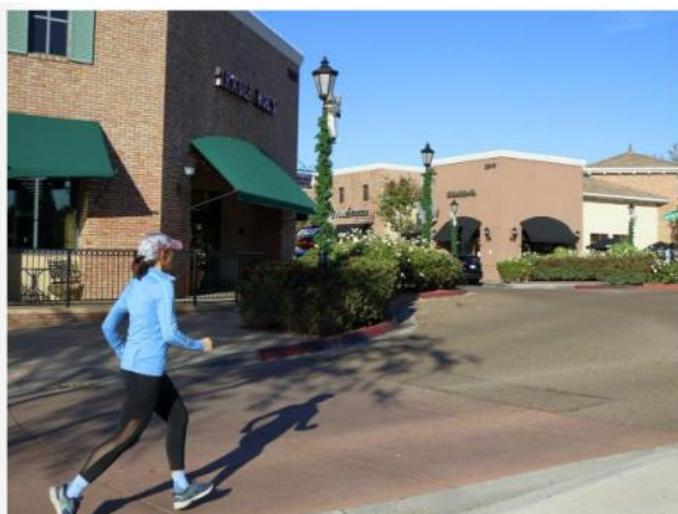
You can run in lots of places. You can see nature when you run.



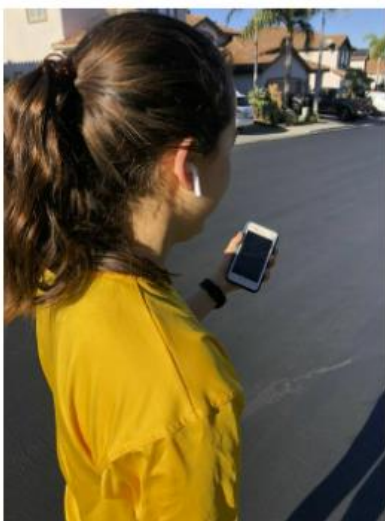
You can run at the beach.



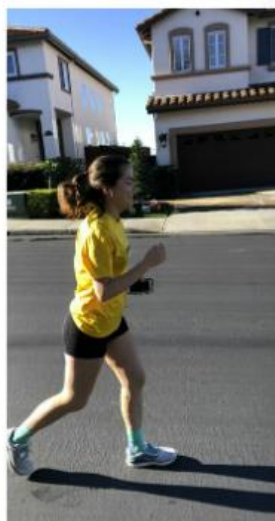
You can run in the mountains.



You can run to the store!



You can listen to music when you run.



It is nice to run alone.





It is nice to run with a friend.



It is nice to run with your dog.



You can run after work. You can run on vacation.



Some runners like to race. There are short races. There are long races.



Races are fun! Runners cheer for each other. If you wish, you can run in a race.

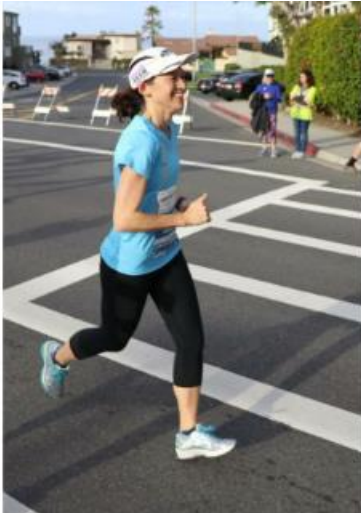


Running is good for your heart. Running is good for your legs. Running is good for your health.



After a run, you are hungry so food tastes good.

After a run, it is easy to sleep at night.



**The End**

Running is good for you. Running is fun!



## From Tennis to Walking

by  
Roy Molseed

This book is part of a collection of Adult New Reader books, written and created by adult learners, volunteer tutors and staff of Read Santa Clara.

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Thanks to Mei See for contributing some of the photos in this book.

Free Tutoring for Adults  
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My wife and I like to play tennis.



We like to compete when we play tennis.

We like to meet new people.



The tennis courts are closed now  
due to County rules about the coronavirus.



This means we need to find a new way to exercise.



We said, "We can go for a walk."  
We do not need a car to go for a walk.



We do not need a big group for a walk.  
We do not need a tennis court for a walk."



We just need to move our feet!  
We started with a short walk.



Our first walk was to a small park close to home.  
When we made it to the park, we sat on a bench.  
The whole trip was 30 minutes.



We were happy with our first walk  
but we wanted to do more.  
Our next walk was a longer walk to a senior center.



This time we did not stop to rest  
and we walked a little faster.  
This walk was for about 45 minutes.



After a few of these short walks  
we were ready for a longer one.



We thought about all the places  
we could go on foot.  
We came up with a plan.



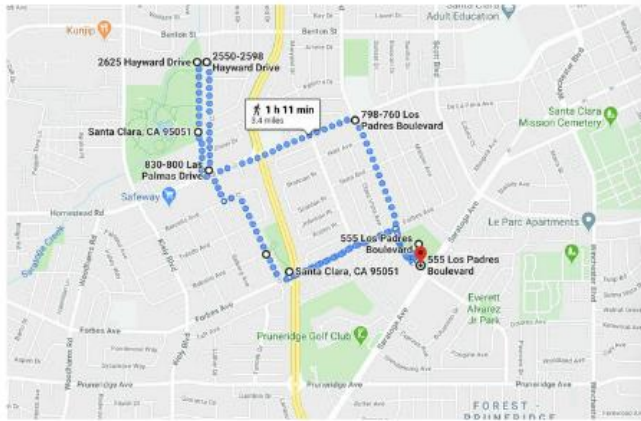
Could we walk by the places we used to play tennis?

We looked at a map.



We made a plan to walk to the three parks

where we played tennis.



Our plan was to see all three parks on one long walk.



This was our longest walk.



It was nice to see our tennis courts  
but it was sad to see them empty.



When this virus is all over  
maybe we can do two sports.



We can walk to the tennis courts...



...and play tennis too!



## Fun in the Sun

Laurie Feldman

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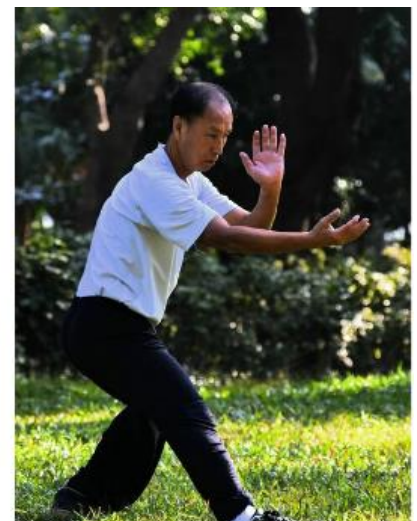
<https://www.mixbook.com/photo-books/interests/fun-in-the-sun-26235155?vk=gtpGCROX5RjmS8SZqkl1>



Most of the things you do outside are for fun.



Outdoor fun is good for you.







You can go for a swim.



You can swim in a pool and in the ocean.



Boats are fun! One kind of small boat is called a rowboat.



Another kind of small boat is called a kayak. You can kayak in the ocean.



You can kayak on a lake or a river.



Do you like to take walks?



It is something you can do at any age.

You can walk in a city and in a park.



You can play on a sports team.

You can play basketball or baseball.



You can compete in a race.



Kids love to go to the park. If you have kids, you can take them to a park.



They can play on the slides or swings.



If you have a yard, you can plant a garden. You can grow food in your garden.



One of the most fun things to do outside is to listen to music.



In the summer, many parks have bands that play for free.



You can even dance!



The End